

Getting there

Contact the following about trips to the Isle of May between April and September:

Anstruther

Anstruther Pleasure Cruises – 21 St Adrians Place, Anstruther, Fife KY10 3DX. Email: info@isleofmayferry.com
Information/Bookings – Mobile: 07957 585200.
More information at www.isleofmayferry.com

Osprey of Anstruther Boat Trips – Information/Bookings
Tel: 07473 631671. Email: info@isleofmayboattrips.co.uk
More information at www.isleofmayboattrips.co.uk

North Berwick

The Scottish Seabird Centre – The Harbour, North Berwick EH39 4SS. Email: info@seabird.org Tel: 01620 890 202
Fax: 01620 890 222. More information at www.seabird.org

Public transport

Traveline Scotland – 0871 200 2233
www.travelinescotland.com

More information

Scottish Natural Heritage manages the Isle of May National Nature Reserve. Tel: 01334 654 038.
www.nnr-scotland.org.uk

Isle of May blog www.isleofmaynnr.blogspot.com



Scottish Natural Heritage
Dualchas Nàdair na h-Alba

All of nature for all of Scotland
Nàdar air fad airson Alba air fad



Search for 'Scotland's National Nature Reserves' on Facebook.



Isle of May

National Nature Reserve



VISIT



Scotland's
National Nature
Reserves

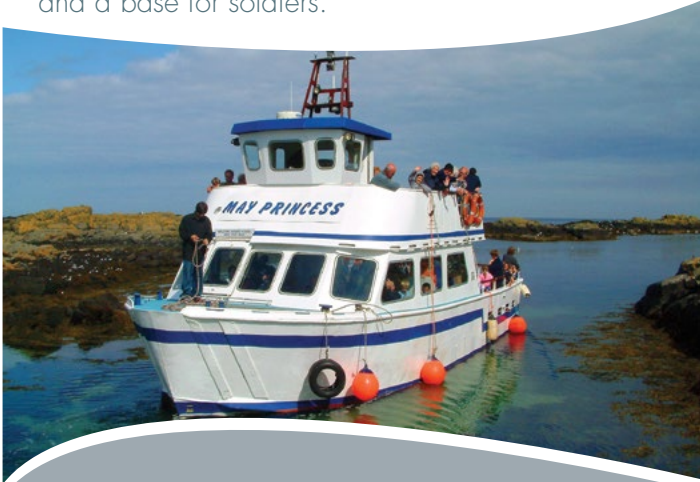
Magical places, amazing wildlife.

Jewel of the Forth

A tiny emerald floating in the deep blue waters of the Firth of Forth, the Isle of May is a truly wild place, blessed with natural wonders and a human heritage stretching back thousands of years.

Witness one of Scotland's most amazing natural spectacles as hundreds of thousands of clamouring seabirds create bird-cities in which to raise their young.

Explore this extraordinary landscape to discover its fascinating history as a holy site for pilgrims, a haven for smugglers, a beacon for mariners and a base for soldiers.



Need to know

Some paths are level and well surfaced, whilst others are steep, rough and close to cliff edges.

The weather changes quickly, so bring stout shoes, warm clothes, waterproofs and a hat.

Only registered assistance dogs can be carried on boats to the island.

Please contact us to find out what the island has to offer visitors with a disability.



What to do

The Isle of May is a great place for walking, wildlife watching and exploring. From April to July it comes alive with breeding birds. From August to September there is more freedom to explore its human history.



Low-level tracks and paths.



Puffins, guillemots, razorbills and other seabirds (best from April to July).



Religious, maritime and military structures.



Small visitor centre with natural history displays.



Views of the sea cliffs and the mainland coast.



Guide book, children's activity sheet and schools' expedition pack.



Snacks and drinks on some boats (none on the island).



Toilets at the harbours, on some boats and on the island.